

To: South Kent Coast Health and Well Being Board
From: Jess Mookherjee: Public Health Consultant & PH Lead for SKC CCG

Title: The Public Health Resource and Programme for South Kent Coast Health and Well Being Board (Dover and Shepway).
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1. Introduction:

This paper describes the commissioning resource that Public Health Kent (now at Kent County Council) are responsible for and provides a brief description of this resource currently serving South Kent Coast. The paper does not include public health programmes that are outside of this allocation that are running in SKC H&WBB e.g Healthy Living Pharmacies. Under new commissioning arrangements public health will also be provided from the National Commissioning Board and via Public Health England. These programmes will not be covered in this paper.

2. Public Health in Kent County Council

After the Health and Social Care Act was passed and from April 1st 2013, top tier Local Authorities have become responsible for a number of functions that were previously performed by the Primary Care Trusts in England.

From April 1st 2013 Kent County Council has become responsible for :

- planning services based on assessing needs of local populations
- securing services that meet these needs
- monitoring and evaluating the quality of care provided

In most cases these services are not isolated from complex and integrated clinical and social care pathways and will in future be aligned closely with district councils, Clinical Commissioning Groups and the National Commissioning Board. The place where this work will be effectively commissioned in partnership and monitored and evaluated will be the local district and CCG level Health and Well Being Boards e.g SKC H&WBB.

The overall current public health budget that has transferred to Kent County Council is approximately £42.1 million and 40% (£17.6 million is allocated via commissioning to Kent Community Health Trust in block contract). Staffing costs account for £4 million approximately (9%) and 30% of the budget commissions drug and alcohol services via Kent Drug and Alcohol Team. This leaves £8.2 million of funds that must be allocated to deliver the Public Health Outcomes Framework. The outcomes framework for public health concentrates on

increasing life expectancy and reducing the gap in life expectancy between communities. The programmes are currently commissioned and delivered pan-Kent in order to maximise efficiency and retain the integrity of services.

The reason why 40% of the budget is commissioned from KCHT is historical as before 2010 the KCHT service was part of the Kent PCT Public Health Teams. Under new commissioning arrangements at the KCC and alongside Health and Well Being Boards Locally, these arrangements will be scrutinised and aligned.

3. Health Improvement Services that KCC are responsible for the following programmes:

1.	Children's Health	Healthy Child programme for school-aged children including school nursing	£4 mil
2.	Sexual Health	Contraception over and above the GP Contract Testing and treatment of sexually transmitted infections (excluding HIV treatment) Sexual health advice, prevention and promotion.	£13 mil
3.	Public Mental Health	Mental Health promotion, mental illness prevention and suicide prevention	£100k & Block contract
4.	Physical Activity	Local programmes to address inactivity and other interventions to promote physical activity	£300k & Block Contract
5.	Obesity programmes	Local programmes to prevent and address obesity e.g. National Childhood Measurement Programme and weight management services.	£2mil & block contract KCHT
6.	Drugs Misuse	Drug misuse services, prevention and treatment	£10mil combined
7.	Alcohol Misuse	Alcohol misuse services, prevention and treatment	
8.	Tobacco Control	Local activity, including stop smoking services, prevention activity, enforcement and communication activity.	£2.61mil
9.	Nutrition	Locally led initiatives	£315k & Block Contract

10.	NHS Health Check programme	Assessment and lifestyle interventions	£2.4 mil
11.	Reducing and preventing birth defects	Population level interventions to reduce and prevent birth defects (with Public Health England)	Block contract & PHE
12.	Health at Work	Any local initiatives on work place health	None specified
13	Dental Public Health	Epidemiology, dental screening and oral health improvement, including water fluoridation (subject to consultation)	£132k
14.	Accidental injury prevention	Local initiatives such as falls prevention services	None specified
15.	Seasonal mortality	Local initiatives to reduce excess seasonal deaths	£315k

4. Public Health Provision in South Coast Kent

4.1 Healthy Weight:

Fresh Start (Adult)

There are currently 11 pharmacies and 2 Health Trainer delivering the Fresh Start programme. From January to December 2012, data is available on 142 clients who have accessed the Weight Management Scheme via a Pharmacy Adviser or a Health Trainer in the Dover and Shepway areas. Of this number **88%** have achieved weight loss and weight maintenance.

Health Walks (Adult)

There are 22 Healthy Walks and around 700 participants.

Exercise Referral

There are currently 6 exercise referral sites, with a total of 718 accessing the scheme from January to present, 74% of those referred had a BMI greater than 25.

Change 4 Life Clubs (Children)

There have been 6 programmes between September 2012 and March 2013 in Dover and Shepway with 62 children taking part. One of the clubs took place in Barton Junior School with year 3 students (ages 7-8) and the impact following the

programme has resulted in the school reviewing its healthy eating practices, holding an additional healthy eating assembly, actively engaging with the Healthy Schools team, the year 3 students are set to become Change4Life Champions in the school and the school have requested obesity awareness training for all their staff.

Ready, Steady, GO! (Children)

There are 2 programmes currently running in the area with 7 families – mid point results report that all children have maintained their BMI. The Dover Ready, Steady, GO! programme was covered by Meridian television and followed the programme to demonstrate how the team support families with label reading, it was aired on 21st Feb 2013.

4.2 Stop- smoking:

The stop smoking service has a Kent wide target of over 9000 quits, the target for East Kent is on track to be met. There are a 48 GP and pharmacies in Dover and Shepway locality engaged in delivering the service, supported by the stop smoking team.

The Stop Smoking teams in KCHT conduct focused quit clubs in work places, currently working with Saga, Shorncliffe Barracks, Tilmanstone Salads, Dover Immigration Centre.

There are focused quit clubs for, Pregnant women (B 4 8s family support centre Folkestone and Quit & Play in Folkestone), mental and physical disabilities (Well Resource Centre Dover).

The core team within Stop smoking teams delivered the following quits in Dover and Folkstone over the last three years:

	2009 / 2010	2010 / 2011	2011 / 12
Folkestone	214	152	144
Dover	219	184	138

4.3 Children and Young people H&W service:

Dover and Folkestone have 2 people – children and Young Peoples Practitioner Specialists (1.15 full time equivalents)

Dover has **98%** of schools that have achieved Health School status and **71%** of those are engaged with the Healthy Schools Enhancement Program

Supporting secondary schools with Adolescent Risk Taking

Shepway has **100%** of schools that have achieved Health School status and **67%** of those are engaged with the Healthy Schools Enhancement Program
They are focusing on supporting primary schools with Improving Healthy Weight

4.4 Health Trainer service:

In the Dover and Shepway area seven Health Trainers are employed for a total of 151.5 hours per week (4.15 WTE) and Two of these staff work term time only. In addition there is a Health Trainer Champion, who works within the Dover team for 8 hours per week (0.21 WTE). Health Trainers work in various areas of deprivation e.g children's centres and libraries. Recent evaluation report stated that a large % of clients were not registered with GP and the HT enabled the patients to obtain preventative and generic appropriate care.

4.5 Health Checks:

KCHT have only been commissioned from April to oversee the delivery of NHS Health Checks programme. KCHT will use a similar model to the Stop smoking model (prime contractor), where majority of the Health checks will be delivered through GP's and pharmacies however supporting the programme will be a core outreach team targeting areas of low uptake and the disadvantaged communities.

4.6 Sexual Health

Folkestone has a designated sexual health suite with spoke clinics operating in New Romney and Hythe. Dover has a sexual health (level 2) clinic with a spoke clinic in Deal.

This is a fully comprehensive community genitourinary medicine (GUM) and contraceptive service, the intention to focus on prevention and early intervention and to ensure our service users with long term conditions like HIV receive the specialised care they deserve.

In Folkestone, the Sexual Health Service has set up a GUM outreach service in a Public Sex Venue. This has given the opportunity for individuals who have not previously accessed mainstream services to have STI testing. A recent evaluation of the service demonstrated its success in diagnosing a range of STI's including latent Syphilis.

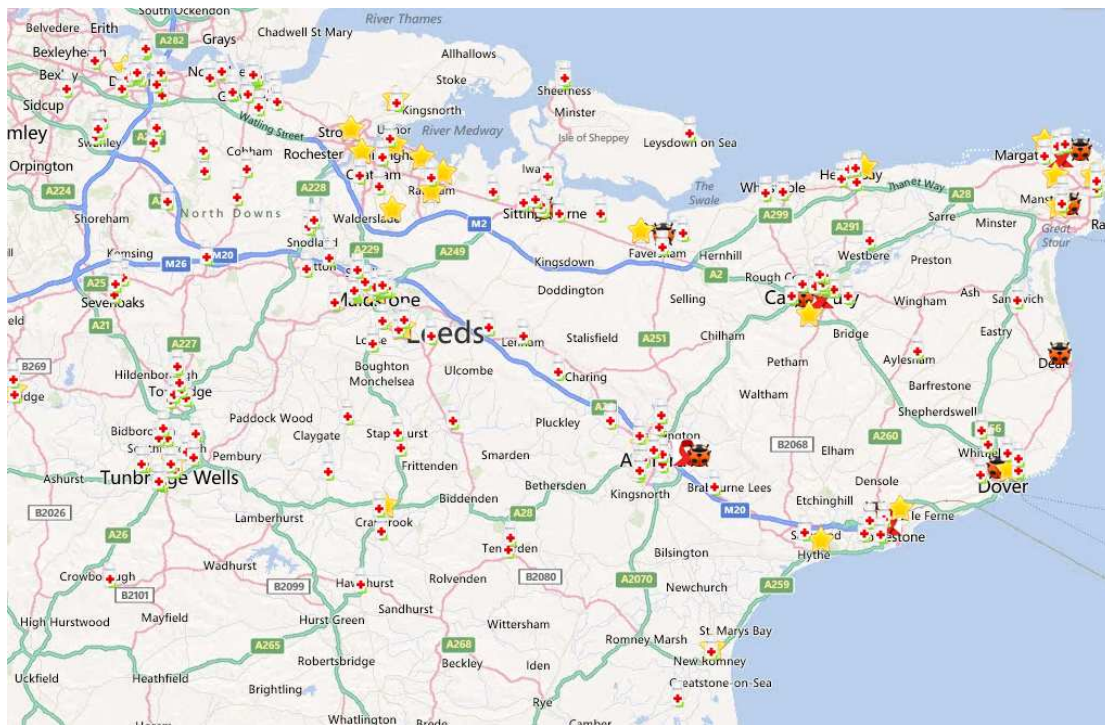
Dover Health Centre sees a large number of service users from the Slovakian and Czech population and has been working closely with interpreting services to ensure that they are offered a high quality, specialised service.

Sexual Health Services also offer in reach HIV outpatient centre to Dover Immigration Removal Centre.

Contraception and prevention teams work with young people to adults, the services are community based.

A key area of focus for the team is under 18s Conceptions, the rates in Dover and Shepway have been declining. From 1998 to 2011, the under-18 conception rate in Dover has decreased by 8% and Shepway by staggering 29.3%. The rate of under-18 conceptions in Dover has reduced from 47.1 per 1,000 in 1998, to 39.1 per 1,000 in 2011, a decrease of 8%. The rate of under -18 conceptions in Shepway has reduced from 63 per 1000 in 1998, to 33.7 per 1000 in 2011 a decrease of 29.3%.

Map of sexual health clinics



4.7 Drug and Alcohol Services

The funding for Drug and Alcohol services are geared more towards Drug Detox but recent changes in policy have enabled funding to also be used for Alcohol needs – however quality and targets for Drug Treatment still have to be met. Plans to commission A&E liaison nurses are in train . The main providers for Dover and Folkestone are Turning Point (Adults) and KCA (Young People). Brief Interventions for Alcohol are also provided via Pharmacy and by Health Trainers.

